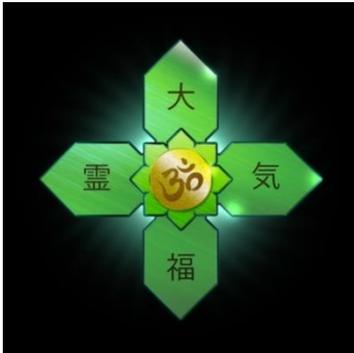


*Shakti Ma*  
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## MAHAANANDA REIKI

by Sukhi Devi

*Disclaimer: In the Shakti Ma, we don't go against nature; we work with nature in a prudent manner. If the person doesn't want to receive positive energy, we don't send energy--we respect the evolution of the person and the decision of the soul. When we do send energy, we strive to be highly conscious, in compassion, but not attached to the outcome of our efforts. We always bow to the will of God. These techniques do not substitute for any medical treatment.*



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The goal of Mahaananda Reiki is to nurture the growth of very powerful Reiki practitioners—those who transform from the level of soul—by teaching both Reiki and processes for spiritual evolution embraced by the Mahajrya Buddhist Tradition. Reiki elevates our sensitivity to both the intangible and tangible nature of the world; and the training in consciousness embodies the spiritual power available to influence that nature.

Reiki is a form of hands-on energy that clears and balances the energy of the body. So what distinguishes Mahaananda Reiki from traditional styles of Reiki? One thing is the perception of the energy essence. The Mahaananda tradition acknowledges the transformative essence of Reiki to be spiritual consciousness as well as the commonly accepted physical energy—they are one and the same. Chi is tangible consciousness. Our

Shakti Ma is a branch of the Mahajrya.

[www.shaktima.org](http://www.shaktima.org)

state of being, the resonance of the symbols and our own level of consciousness affect the state of being of another. Another difference is the technique. Traditionally, Reiki doesn't involve the person too much—we put ourselves in the proper mindset and intuitively affect the chakras with our hands, but we are mostly a compassionate conduit of universal life force energy. In Mahaananda Reiki, we also incorporate energy from the Soul, purposely affecting the consciousness of the other. We transmigrate into the other, aware of being One, and add prayer in the form of Sanskrit mantras. And then there are the chakras. Traditional Reiki training focuses on hand positions without delving deeper to experience the consciousness of chakras, while Mahaananda Reiki embraces chakra consciousness as an integral component of transformation. Finally, almost every Reiki lineage includes some level of spiritual experience for the mastership certification. In *all levels* of Mahaananda Reiki training in ego purification and states of being is essential for the practice, as it will bring higher consciousness and understanding of suffering. Mahaananda Reiki also includes training in esoteric mage techniques to empower the Reiki symbols. As in other styles of Reiki, the Mahaananda Reiki-ist strives to be unattached to the outcome of the treatment, leaving the result in the hands of God, or according to karma.

The symbolism in the Mahaananda logo expresses the spiritual nature of the techniques. The Om symbol, the vibration of the universe, sits inside the 8-petaled lotus, the consciousness in the dharma wheel. This in turn rests in the double vajra, which represents the five elements and the four directions—the foundation of the physical world. And “vajra” represents the indestructible soul, signifying that consciousness supports the world. The kanji for Mahaananda Reiki, Great Bliss Spiritual Nature, fill the arms of the double vajra. The luminous green hue represents compassion, and the glow from within the logo shows the consciousness affecting the world.

Visit the Reiki page at [www.sukhidevi.com](http://www.sukhidevi.com) to find basic information about traditional Reiki; the spiritual training and Mahaananda initiations are included in the Shakti Ma curriculum—see [www.shaktima.org](http://www.shaktima.org). Please contact one of our teachers to inquire about membership and training.

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